

# SABBATH SCHOOL

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## Preteen Sabbath Instruction Program — Teacher's Outline

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### Level 1 • Unit 9 • Week 1

## LOVE

#### OBJECTIVE:

To teach that love is a fruit of the Holy Spirit and show that Jesus illustrated this fruit in the healing/resurrection of Lazarus.

#### ATTENTION GETTER:

Supplies: Flashlights (one for each student)  
Candy and/or treats

Prepare: Hide candy or other treats around the room. Let the maturity level of the students determine how well the treats are hidden.

Say: I've hidden treats for you around the room. Here are some flashlights to use to find them.

Do: Give each child a flashlight. Two children may share a flashlight if necessary. Make sure they know how to turn it on. Turn off the lights and/or close the shades to darken the room. Give everyone plenty of time to hunt for the hidden candy with his or her flashlights. When everything has been found or time runs out, gather everyone together and turn the lights back on. Gather the flashlights and keep one for yourself.

Ask: What made this activity hard for you? What made it easier? What kind of help did your flashlight give you?

Say: Our flashlights can help us learn about God's Holy Spirit. The Holy Spirit does many things. I can think of three ways our flashlight can help us understand God's Holy Spirit. I'll give you a clue for each way! Clue #1 - Light. Clue #2 - Power. Clue #3 - on/off switch.

Do: Turn your flashlight on.

Ask: How is light like the Holy Spirit? [Shows us the way; makes it easier for us to see.]

Say: Just like the light of the flashlight helped you find your treats, the Holy Spirit helps us find our way through life.

Ask: How about the second clue, what does power have to do with the Holy Spirit?

Say: Our flashlights get their power from batteries.

Do: Open a flashlight and take out the batteries for everyone to look at.

Say: The Holy Spirit in us, or with us, is like the batteries in a flashlight. The batteries give power to the flashlight like God's Holy Spirit gives us power and help to follow His way.

Ask: What about clue #3? What do you think the on/off switch has to do with the Holy Spirit?

Say: The on/off switch tells the flashlight to use the power of the batteries or not to use the power. In our lives, we can decide to let the Holy Spirit use its power to help us do things God's way or we can turn it off and choose to do things our own way.

### **BIBLE LESSON:**

Supplies: Apple  
Orange

The story of Lazarus (possible sources: *Read with Me Bible*, Zonderkidz, 2000, pages 334-339; *The Hosanna Bible*, Word Publishing, 1993, pages 322-326; *The Keepsake Bible Coloring Book*, Emily Hunter, Harvest House Publishers, 1993, page 82)

Say: When a tree is first planted, sometimes it is hard to tell what kind of tree it is. When it begins to produce fruit, then we know for sure what kind of tree it is.

Do: Show the class an apple and an orange. [Feel free to pass the fruit around.]

Ask: What kind of tree produced this fruit? [Hold up the apple, then ask the same about the orange.]

Say: A tree is known by the fruit it produces.

Ask: Did you know that people have fruits too? Did you know that people are known by the fruits they produce too?

Say: "People fruits" are the way you are inside and the way you act. We can tell what people are like by their "people fruits." People can have good fruits or bad fruits.

Ask: What are some good “people fruits”? [Doing good things, being kind, etc.]

What are some bad “people fruits”? [Disobeying, arguing and fighting, etc.]

What kind of fruit do you think Jesus Christ had?

Say: Jesus was the only person who had good fruit all the time. He never had any bad fruit. We want to be like Him and have good fruit like He had. It’s hard to have good fruit all the time, so God gives us His power to help us.

Ask: Can anyone tell me what that power is called? [Remind students of the flashlight activity if necessary to help them remember the Holy Spirit.]

Say: God’s power is called the Holy Spirit. The good fruits that the Holy Spirit helps us to have are called the fruits of the Holy Spirit. The Holy Spirit is invisible. We can’t see it. It is like the wind. We can’t see the wind either, but we can see what it does—like making the trees sway. In the same way, we know the Holy Spirit is helping us when we do good things and are obedient, kind, gentle and loving.

Today we are going to learn about a fruit of the Holy Spirit called love. I am going to read you a story from the New Testament about two sisters named Mary and Martha and their brother, Lazarus. They were Jesus’ friends. Something happened to them and Jesus helped them. Listen carefully to see what Jesus did.

Do: Read the story of Lazarus.

Ask: What sad thing happened in the story? [Lazarus died.]

How do you suppose Jesus felt when He saw Mary and Martha crying? [Sad. He understood how badly His friends felt and He wanted to help.]

What did Jesus do as soon as the men moved the stone away from the cave where Lazarus was buried? [Jesus prayed to God.]

How do we know Jesus loved Mary, Martha and Lazarus? [Jesus understood their sadness and wanted to help. He did something good for Mary and Martha. He brought Lazarus back to life.]

Say: Jesus showed how much He loved Mary, Martha and Lazarus by the way He was and the things He did.

Ask: Can you think of some people you can show love to? [Mother, father, sister, brother, grandma, grandpa, teacher, neighbors.]

What are some of the things we can do to show people we love them? [Play with them, make or give them gifts, obey parents, help around the house, visit those who are sick, etc.]

### **LESSON APPLICATION:**

Supplies: Crayons  
Scissors  
Glue  
Beanbag  
Fan Instruction sheet  
8-inch paper plate (one for each child)  
Popsicle stick (one for each child)

Prepare: Copy Fan Instruction worksheet. You may wish to save time by precutting the paper plates.

Do: Hand out Fan Instruction worksheet and follow the instructions.

### **Music:**

Sing "God Is So Good" from *Sunday School Favorites 1, 2, 3*, 1998 Everland Entertainment.

God is so Good, God is so good, God is so good, He's so good to me.  
He cares for me, He cares for me, He cares for me, He's so good to me.  
I love Him so, I love Him so, I love Him so, He's so good to me.  
I praise His name, I praise His name, I praise His name, He's so good to me.

### **MEMORY VERSE:**

John 13:34 "Love one another; as I have loved you."

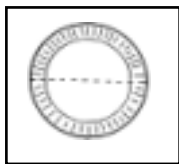
Do: Instruct the students to form a circle. Recite the memory verse all together. Using a beanbag, say the first word of the memory verse then toss the beanbag to one of the students in the circle. That student adds the second word and tosses the beanbag to another student who adds the third word then tosses the beanbag to the next until the memory verse is completed. Then recite the memory verse together again. You may continue with the beanbag game adding two words at a time. Always recite the memory verse together at the conclusion of each round.

Ask who feels they can recite the memory verse by themselves. Go around the circle allowing each student to recite the memory verse. You may recite the verse as a group after each student's turn in order to help the next student remember the verse.

# FAN WORKSHEET

"Love one another; as I have loved you" (John 13:34).

1. Cut your paper plate in half.



2. Glue the sides together with a craft stick in the middle.



3. Color, then cut around the shapes below, and glue on each side of the fan.



# *family activity*

## **THE POINT:**

To define the fruits of the Holy Spirit, learn that love is a fruit and that Jesus illustrated this fruit of the Holy Spirit when He resurrected/healed Lazarus.

## **ASK ME...**

- How is God's Spirit like a flashlight?
- When a tree begins to grow, how can you tell what kind of tree it is?
- Do people have fruit?
- What is one of the fruits of the Holy Spirit?
- What did Jesus do to show His love?
- To show you the fan I made in class.

## **FAMILY TOGETHER TIME:**

Find ways for your family to exhibit the fruits of the Holy Spirit. Here are a few ideas: Make cookies or brownies and give some to a friend or neighbor. Make a meal for someone who is sick. Make a card to mail to a shut-in or someone in a nursing home.

Read and discuss the story of the good Samaritan.

Have a family discussion about the other fruits of the Holy Spirit.

Instructions: Cut the strip off the bottom of this page. You will see this week's memory verse on the back. After your child has learned the verse, glue the two ends together, forming a link of a paper chain. Each lesson's memory verse will add a new link to their chain of Bible knowledge.

-----cut along dotted line-----

(Teacher's note: please write the memory verse on the back of this page at the bottom.)